

Pituitary Adenoma, Primary Parathyroid Hyperplasia and Papillary (Non-Medullary) Thyroid Carcinoma

A Case of Multiple Endocrine Neoplasia (MEN)

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Summary. An acidophilic pituitary adenoma associated with primary nodular parathyroid hyperplasia and a small papillary thyroid carcinoma was discovered at the autopsy of a 44 year old female acromegalic. The thyroid carcinoma showed evidence of lymphatic spread. Several etiopathogenetic mechanisms for the non-medullary thyroid carcinomata associated with Multiple Endocrine Neoplasia (MEN) have been postulated, since the follicular epithelium of the thyroid does not belong to the neural ectoderm derivatives unlike the C-cells of the thyroid, the adenohypophysis and probably the parathyroid glands. Apart from genetic influence, or coincidence, one has to rule out carcinogenic exposure or hormonal influence. Clinically speaking, one should always consider whether malignant thyroid disease coexists with hyperplastic or neoplastic parathyroid tissue.

Key words: Multiple Endocrine Neoplasia (MEN) – Pituitary Adenoma – Parathyroid Hyperplasia – Non-Medullary Thyroid Carcinoma.

Introduction

Multiple Endocrine Neoplasia (MEN) is a usually hereditary, neoplastic entity of the neuroendocrine system, which involves neoplastic changes in several endocrine glands and/or neuro-ectodermal tissues (Weichert, 1970; Bolande, 1974; Pearse and Takor, 1976; Shimke, 1976; Kracht and Altenähr, 1977; Pearse, 1977). Histopathologically MEN involves (adenomatous) hyperplasia, adenomas or carcinomas (Welbourne, 1977).

Three neoplastic syndromes can be differentiated (Table 1):

1. Multiple Endocrine Neoplasia I (MEN I, Wermer's syndrome) with tumors of the parathyroid glands, the pancreatic islets, the pituitary gland and other endocrine and non-endocrine organs (Erdheim, 1903; Underdahl et al., 1953; Wermer, 1954 and 1963; Croisier et al., 1971; Harrison and Thompson, 1975; Champault et al., 1976).
2. Multiple Endocrine Neoplasia II (MEN II, Sipple's syndrome) with pheochromocytoma, medullary thyroid carcinoma, parathyroid adenoma and other apudomas (Sipple, 1961; Cushman, 1962; Ballard et al., 1964; Steiner

et al., 1968; Gorlin et al., 1971; Catalona et al., 1971; Keiser et al., 1973; Ingbar and Woeber, 1974; Robertson and Sizemore, 1975; Bartley et al., 1976).

3. Steiner et al. (1968) proposed a third group: Multiple Endocrine Neoplasia III (MEN III) with non-medullary thyroid carcinoma and parathyroid neoplasia.

The following case report deals with the autopsy findings of a 44 year old woman, who died after a pituitary tumor operation. The autopsy revealed: 1. acidophilic adenoma of the pituitary gland, 2. primary nodular hyperplasia of the parathyroid glands and 3. papillary (non-medullary) thyroid carcinoma.

Case Report

Autopsy was performed on a 44 year old female demonstrating the clinical signs of acromegaly which had existed for the past eight years. Familial and personal histories did not suggest a specific metabolic or tumor developing predisposition. Preoperative laboratory tests demonstrated a 20-fold rise in growth hormone level, with normal serum concentrations of the other pituitary hormones (LH, TSH). In addition, the levels of T_3 , T_4 and the 17-OH-Ketosteroids remained within normal limits. Calcium and phosphate levels were also normal. IgG was clearly below normal, the erythrocyte sedimentation rate was increased. All other estimations (electrolytes, transaminases, proteins and creatinine) proved to be within normal limits. Florid diabetes mellitus had existed for the past three years. The patient suffered from a bitemporal hemianopsia due to compression of the optic chiasm by the suprasellar neoplasm.¹

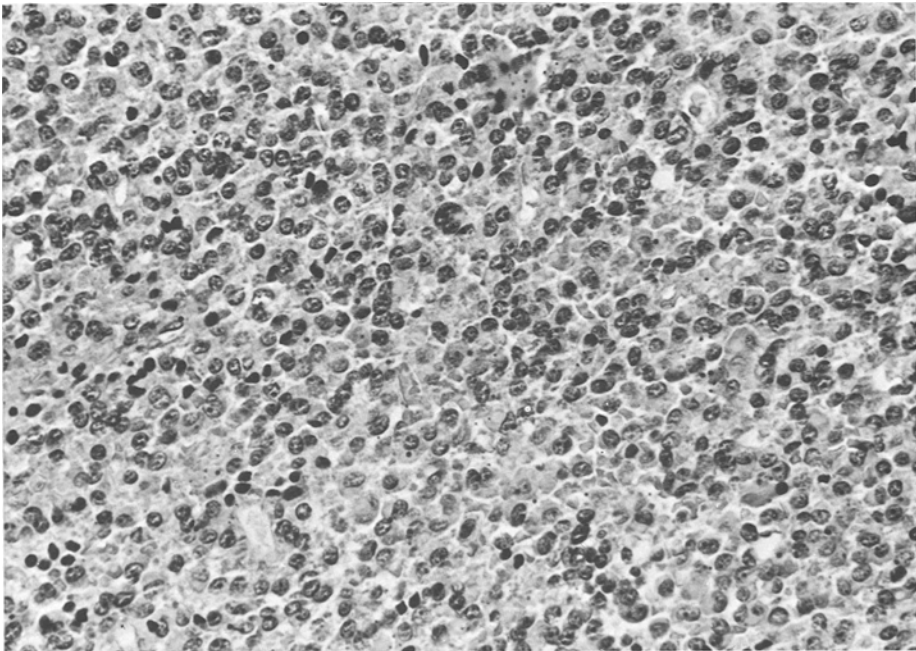


Fig. 1. Undifferentiated acidophil adenoma of the pituitary gland. Loss of the normal gland architecture. Tumor cells are poorly demarcated from each other and are weakly granulated. $\times 100$

¹ We would like to gratefully acknowledge Prof. Dr. Kautzky, Director of Neurosurgery, University of Hamburg, for providing clinical data

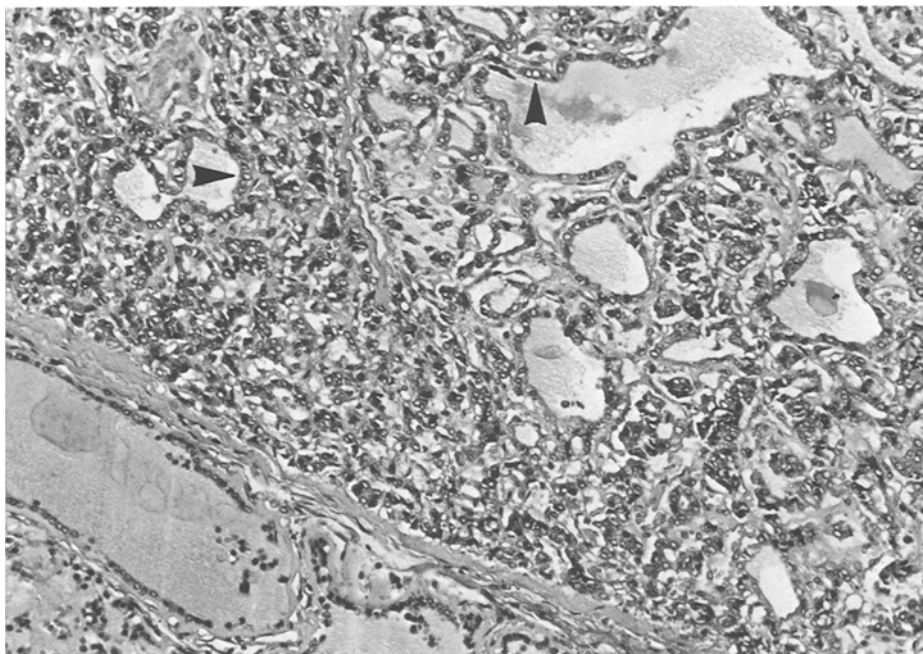


Fig. 2. Papillary thyroid carcinoma. Mixed papillary-follicular structure. Nuclei of the tumor cells have a "ground glass" appearance (arrows). Below, normal thyroid tissue. $\times 100$

The operatively resected pituitary tissue weighed 0.5 gm. It consisted mainly of tumor, but included some normal anterior and posterior pituitary gland and parts of its capsule. Histologically it could be classified as an undifferentiated, acidophilic adenoma of the pituitary gland (J.No.34863/77). The tumor cells appeared weakly granulated, indicating endocrine activity (Fig. 1) (Saeger, 1977).

The autopsy (S.No. 1493/77) revealed features of acromegaly and visceromegaly: enlargement of the mandibula and its alveoli; appositional growth of the supraorbital and maxillary bones; thickening of the lips; enlargement of the hands and feet and of all soft tissues.

Local findings including the changes to be expected following transnasal hypophysectomy were present. Two small tumor remnants were located in the supra- and parasellar region. The thyroid gland appeared enlarged and histologically resembled a diffuse nontoxic goitre. The enlarged thyroid lobules consisted of distended colloid-filled follicles, lined predominantly by flat epithelial and some cuboidal cells. Nodular aggregations of follicles were also present. Within the thyroid parenchyma a yellow-white non-encapsulated nodule, measuring 0.6×0.25 cm was found, displaying a mixed papillary and follicular structure (Fig. 2). The large nuclei of the tumor cells were surrounded by a narrow zone of eosinophilic cytoplasm and showed a characteristic "ground glass" appearance. No interstitial fibrosis or lymphoplasmocytic infiltration was seen. The rest of the parenchyma contained histologically similar tumor foci. The lesion was considered to be a clinically occult, papillary thyroid carcinoma, with intraglandular and lymphatic metastases.

The four parathyroid glands were also enlarged. They weighed 560 mg (normal weight: 120–140 mg). Histologically they consisted of nodular parenchyma, deprived of fat cells, made up of solidly packed chief cells and focal oxyphilic cell complexes (Fig. 3). These findings are consistent with nodular parathyroid hyperplasia.

Carefully examination of the pancreas, adrenal glands, ovaries, and uterus failed to reveal any hyper- or neoplastic changes. All other parenchymal organs, except the heart, were enlarged: liver —3360 g; spleen —480 g; kidneys —510 g; heart —390 g (TBW —84 kg). No histological abnormalities were found. Both lungs showed signs of severe shock with intraalveolar oedema and microthrombi. The cause of death was considered to be central cardio-vascular failure.

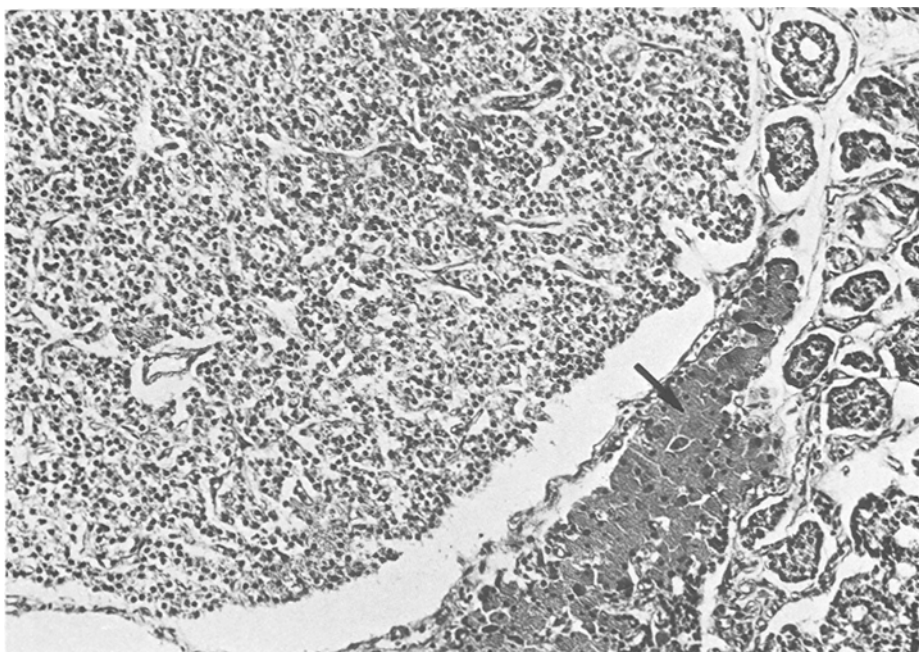


Fig. 3. Nodular parathyroid hyperplasia. On the left solidly packed chief cells, on the right oxyphil cell complexes (arrow). $\times 100$

Discussion

In this 44 year old female with acidophilic adenoma of the pituitary gland, primary nodular parathyroid hyperplasia and papillary thyroid carcinoma, we are dealing with a case of Multiple Endocrine Neoplasia I, associated with a non-medullary thyroid carcinoma. Follicular cell tumors of the thyroid are not considered to be apudomas and not of neural crest origin. In contrast to these the tumors of the parathyroid and pituitary gland are supposed to be tumors of neural ectoderm origin (Pearse and Takor, 1976). Their association is rare. In order to establish this coincidence as a syndrome, several authors have proposed an additional MEN group: MEN III (Steiner et al., 1968; LiVolsi and Feind, 1976) (Table 1). It is not clear however, whether we are dealing with a real syndrome or a coincidental finding.

In the literature we were able to find only one case report of an association of an adenoma of the pituitary gland with a parathyroid neoplasm and a non-medullary thyroid carcinoma (Ries, 1974). The association of a non-medullary thyroid carcinoma with a parathyroid hyper- or neoplasia has been described on several occasions and a total of 77 instances (6%) in 1236 cases of parathyroid adenomas and hyperplasias has been published (Table 2). A further 26% of cases had thyroid adenomas and other benign lesions of the thyroid gland. A papillary thyroid carcinoma was found in 82% of the 77 mentioned cases as in our patient (Table 3). This is a very high percentage indeed, compared to the 35 to 60% of thyroid carcinomas which are considered to be papillary in most large series (Franssila, 1973; Lietz, 1974; Neracher and Hedinger, 1975).

Table 1. Classification of Multiple Endocrine Neoplasia (MEN).
(Numerical order according to their prevalence)

MEN I	1. Parathyroid gland hyper/neoplasia 2. Pancreatic islet-cell tumors 3. Pituitary gland adenoma 4. Other endocrine tumors 5. Non-endocrine Tumors
MEN IIa	1. Medullary thyroid carcinoma 2. Parathyroid gland hyper/neoplasia 3. Pheochromocytoma
MEN IIb	1. Medullary thyroid carcinoma 2. Pheochromocytoma 3. Multiple mucosal neuromas and/ or corneal nerve hyperplasia and marfanoid habitus 4. Parathyroid gland hyper/neoplasia
MEN III	1. Parathyroid gland hyper/neoplasia 2. Non-medullary thyroid carcinoma 3. Other tumors of neuroectodermal origin

Table 2. Coincidence of non-medullary thyroid carcinoma, thyroid adenoma and benign thyroid lesions with primary parathyroid gland hyper/neoplasia

Author	Number	Parathyroid gland hyper/neoplasia	Non-medul-lary thyroid carcinoma	Thyroid adenoma	Other thyroid lesions (toxic and non-toxic goitre)
Ogburn und Block, 1956	230	230	4		
Ellenberg et al., 1962	65	65	7	32	3
Fields et al., 1964	1	1	1		
Laing et al., 1969	72	72	3		25
Heimann, 1970	160	160	4	4	50
Krementz et al., 1971	96	96	5	3	16
Kaplan et al., 1971	166	166	9		
Trout et al., 1972	30	30	3	4	
Hajjar und Salti, 1973	1	1	1		
Malette et al., 1974	57	57	1	15	
Petro et al., 1975	56	56	5		
Uehlinger, 1975	1	1	1		
Kairaluoma et al., 1976	29	29	2		
LiVolsi et al., 1976	272	272	31	10	127
	1236	1236	77(=6%)	53 (=4%)	273 (=22%)

The following possibly causal relationships between adenomas of the pituitary gland, parathyroid adenomas and non-medullary thyroid carcinomas should be discussed:

1. One cannot exclude the possibility that we are dealing with a coincidental finding. The prevalence of thyroid carcinomas depends on geographic factors (Cuello et al., 1969; Hakama, 1969; Fukunaga and Yatani, 1975), and at autopsy Mortensen (USA, 1955) and Kind (Switzerland, 1966) found 2.1 and 0.3%

Table 3. Histological types of non-medullary thyroid carcinoma present in cases of primary parathyroid gland hyper/neoplasia (compare with Table 1)

Author	Papillary	Follicular	Clear cells	Oncocytic
Ogburn and Block, 1956	4			
Ellenberg et al., 1962	6	1		
Fields et al., 1964	1			
Laing et al., 1969	1			2
Heimann, 1970	4			
Krementz et al., 1971	3	1		1
Trout et al., 1972		3		
Hajjar and Salti, 1973	1			
Malette et al., 1974	1			
Petro and Hardy, 1975	4	1		
Uehlinger, 1975	1			
Kairaluoma et al., 1976	2			
LiVolsi et al., 1976	26	2	1	
	54 (=82%)	8 (=12%)	1 (=2%)	3 (5%)

of thyroid carcinomas respectively. Medullary thyroid carcinomas amounted for 6% of cases in Woolner et al.'s (1961) study.

2. A common genetic predisposition could account for the occurrence of papillary thyroid carcinoma together with parathyroid adenoma/hyperplasia and adenoma of the pituitary gland, justifying the creation of the MEN III group. A familial non-medullary thyroid carcinoma has recently been described by Nemec et al. (1975), but in our case no familial factors could be discovered.

3. Exposure to exogenous carcinogenic stimuli could account for the non-medullary thyroid carcinomas. The following carcinogens have been described (Money and Rawson, 1968):

a) 131-I in animals (Lindsay, 1966) and man (Creutzig and Hundeshagen, 1977).

b) N-Nitroso compounds in animals (Thomas et al., 1975).

c) Iodine-poor diets, or goitrogens, leading to chronically increased TSH-stimulation (Matovinovic et al., 1968; Heinze and Pichlmaier, 1972; DeGroot, 1975).

d) Local irradiation (mostly children) (André, 1966; Hempelmann, 1969; Favus, 1976; Spitalnik and Strauss II, 1978; Schneider et al., 1978).

None of the aforementioned carcinogens were involved in our case.

4. Although the influence of a hypercalcaemic metabolism on the follicular epithelium of the thyroid has been discussed frequently (Ellenberg et al., 1962; Kaplan et al., 1971; Hajjar and Salti, 1973; Harrison and Thompson, 1975; Petro and Hardy, 1975; Uehlinger, 1975; LiVolsi and Feind, 1976), it has not been shown to play a role in the genesis of tumors in man.

5. The influence of growth hormone (GH) on neoplasms is unknown (Daghaday, 1974). To our knowledge GH-induced tumors have not yet been reported in man. In animal experiments, GH has induced an increased number of neoplastic changes in the adrenal medulla and lungs in rats (Moon et al., 1950). Nodular

and diffuse nontoxic goitres occur in 25 to 50% of acromegalic patients (Cushing and Davidoff, 1927; Davies, 1941; Hamwi et al., 1960; Gordon et al., 1962). If no latent goitrogenic factors are present, one may assume the goitre to be the result of GH-controlled anabolic metabolism (Siebenmann et al., 1971; Daughaday, 1974) and a direct, biochemical goitrogenic effect of GH has been discussed (Chandola, 1972; Mukhtar, 1971). A relationship between excess serum GH and parathyroid changes has not been investigated in detail. Altenähr and Kampf (1976) discovered that in light- and electronmicroscopic animal experiments, GH resulted in parathyroid inactivation; Lancer et al. (1976), however, described increasing PTH secretion and parathyroid gland weight. From a clinical point of view one should consider the possibility of the presence of a medullary and/or a non-medullary thyroid carcinoma in all cases of parathyroid hyper- or neoplasia.

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